



Travodise

The Most Beautiful Trek In India

Kashmir Great Lakes Trek

Grade: Moderate-Difficult
Duration: 7 Days
Highest Altitude: 13,800 ft



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BRIEF ITINERARY

- Day 1** — Arrival at Srinagar, The transport will be arranged around 2.30PM from Srinagar to reach Sonamarg.
- Day 2** — Sonamarg 7,780 ft to Nachnai 11,838 ft (9km, 6hrs).
- Day 3** — Nachani 11,838 to Vishnugar 12,011 ft (12km, 7hr).
- Day 4** — Vishnugar 12,011 ft to Gadsar via Gadsar pass 13,850 ft (13km, 8hr).
- Day 5** — Gadsar 12,011 ft to Satsar 12,100 ft (8km, 4hr).
- Day 6** — Satsar 12,100 ft to Gangabal 11,651 ft (9km, 6hr).
- Day 7** — Buffer Day.
- Day 8** — Gangabal 11,500 ft to Naranag 7,450 ft and drive back to Srinagar/Stay at Sonmarg.



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DAY 1

SRINAGAR TO SONAMARG



Altitude: 7800 ft

Time Taken: 3 Hrs Drive

The trek begins at Shitkadi, which is few kilometers ahead of Sonamarg. You will have to reach Srinagar on your own and meet the pickup team at 2.30 pm. The drive to the base camp will take around 2 hours

Night halt at Sonmarg.



DAY 2

SONAMARG TO NICHNAI



Altitude: 7800 ft to 11,500 ft Time Taken: 6 hours, 11.6 km

The 04 km is the gradual ascent to the tabletop point. The trekkers are advised to fill two bottles of water for the day's trek. There is a Dhaba on the tabletop point where one can have tea /coffee/snacks. One can see the spectacular view of Sonamarg from the tabletop point. Then the hike will be continued till the lunch point. The tree line ends at the lunch point. It will take approx 1 hour from the tabletop point to the lunch point. From the lunch there will be moderate ascents till the Nichnai campsite. It would be around 3 pm or 4 pm by the time we reach the Nachnai campsite..



DAY 3

NICHNAI TO VISHNUSAR LAKE



Altitude: 11,500 ft to 12,000 ft Time Taken: 6 hours, 13.5 km

The first 5 km till Nachnai pass is normal ascent. The altitude of Nichnai pass is 12000 ft one can get a mobile network on the top of the Nichnai to pass there will be normal descent of 4 km from the Nichnai pass till the lunch point. From the lunch point to the campsite 3 km. This section of the trail crosses through beautiful and picturesque meadows. It will be a normal walk till the Vishnugar camping site. The camping site is near the vicinity of the beautiful Vishnugar lake.



DAY 4

VISHNUSAR LAKE TO GADSAR



Altitude: 12,000 ft to 12,500 ft Time Taken: 5 hours, 16 km

Today is the best day of the trek with lots of flowers on the way. After 1 km of normal ascent from Vishnusal, is the beautiful Kishnasar. After Kishnasar Lake 5 km steady ascents to the Gadsar pass, 13800 ft, which is the highest altitude in the trek. You can see two lakes from Gadsar pass, Vishnusal, and Kishnasar. From Gadsar walk 4 km with a view of a lot of flowers on the way to reach Gadsar Lake, have lunch by the lakeside. After lunch walk, 5 km through meadows to reach the campsite, If you choose not to camp next to Gadsar, the next place to camp would be the Gadsar army camp. All details of the trekkers and staff, including original identity cards, are recorded, collected and checked.



DAY 5

GADSAR TO SATSAR



Altitude: 12,500 ft to 12,000 ft Time Taken: 6 hours, 11.5 km

Carry sufficient water bottles as the source will be a bit far. Just after starting the trek, there will be a river crossing. After that an easy walk by the mountainside for 5 km with a normal ascent you will see Naga Parvat of Pakistan, which mostly remains covered by clouds. Take rest and the campsite is just 4 km from here. There will a normal ascent, after which comes the army camp where your ID will be checked. After the army camp, you will see 7 lakes. Reach the campsite around 2 pm and then on arrival, you will be served hot lunch.

DAY 6

SATSAR GANGABAL TWIN LAKES



Altitude: 12,000 ft to 11,500 ft Time Taken: 6 hours, 9 km

At the start of the trek, you have to cross a 2 km boulder zone, after which the last ascent of the Kashmir Great Lakes trek starts which is about 2 km. After the ascent you will reach the 2nd highest pass of the trek 12,900 ft. You can see 4 lakes from the Zag pass, 2 of which is big and 2 small. Try to reach the pass by 10 am. You can see the huge Harmukh peak from the Nandkul -Gangabal pass. Then you will climb up a 2 km zig-zag ascent and 1 km down to reach Nandkul Lake, The campsite for today. You will reach Nandkul lake by lunchtime, which is 4 km from pass.



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DAY 7

BUFFER DAY!



We have a buffer day with no major trekking or task. One can go to Gangabal Lake and can have some fun activities. One can rest, relax and enjoy the stay in the lap of nature!

DAY 8

GANGABAL TO NARANAG

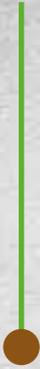


Altitude: 11,500 ft to 7,450 ft **Time Taken: 6 hours, 13 km**

The day's trek is a killer on your toes and knees, it is a gradual descent followed by a steep descent. From the Gangabal camp site head down along the stream towards the tree line. Don't walk beside the stream but walk along the ridge on the right. 30 minutes into the trail, your Aircel phone could catch network, just enough to inform home that you are alive! The ridge ends and you descend to a green and a flat meadow on the right.

You can opt to stay at Sonmarg or Srinagar, depends upon your departure!

End of the trek!



TREK INCLUSIONS

All accommodation during the trek on sharing basis in tent
All meals during the trek vegetarian
Transportation Srinagar to Srinagar
Tent sleeping bags and all other camping gear
Safety equipment (med kit oxygen cylinders oximeter etc.)
Cooks, Helpers, Guides, Porties, mules,
Trekking permits and forest camping

TREK EXCLUSIONS

Backpack offloading charges
Tips of the local team
Stay and food Srinagar
Backpack carrying



TREK FACILITIES

Here is the basic information of the gear we use while camping.

Tents: 3 people can comfortably sleep in these tents. Made out of polyethylene these are dome shaped and water proof. We use tents by top manufacturers like Quechua, Vaango

Sleeping bags: made out of polyfill these are mummy shaped bags which keeps a person warm up to -5 degrees. we use sleeping bags by manufacturers like Quechua.

Carry Mats: these are 6feet by 3 feet foam mats which are used to sleep on. It helps insulate the body from the cold underground.

Kitchen and dining tents: made out of aluminum poles these are large marquees which can house more than 17 people at a time. Typically they are A-shaped and have an outer covering to keep of the rain.

Toilet tents: these are stand alone tents which act as a room to enclose the mud-pit which is used as a toilet. The pit is dug up to a depth of 3 feet and is filled by mud later on



FOOD PROVIDED

Here are the details of the kind of food we provide on trek

BREAKFAST: Upma, poha, porridge, aloo paratha, boiled eggs, ommlettes, scrambles eggs, bread butter jam, honey, pickle, cut fruits, banana pancakes. Kashmiri Kahwa/Tea/Coffee.

LUNCH [Packed]: Fruits like apple/orange/banana, fruit drink like appy/frooti/real juices, butter & jam sandwich, boiled egg, vegetable sandwich, plain paratha-sabzi, biscuits, chocolates.

DINNER: Soup, starters, salad, papad, vegetable, roti's, rice, daal, sweet dish like fruit custard/caramel custard/sevaiyya/sweet bread, 1 local vegetable like mushrooms or green vegetables.

Kashmiri Kahwa/Tea/Coffee.



IMPORTANT THINGS TO CARRY

Gears

- A rucksack bag and a day pack
- 3-litre water bladder or water bottle

Clothes

- A sun cap and a woolen cap
- UV protected sunglasses
- One cotton long sleeves and 2 short sleeve t-shirt
- 1 fleece jacket
- 1 heavy Thick jacket/down jacket
- 1 pair of gloves
- At least 2 long pants (trek pants and cargo pants are favourable)
- 4 sets of undergarments
- 2 pair of socks
- A small towel
- A rain jacket or a poncho

Footwear

- Above-the-ankle waterproof and breathable hiking boots with good grip
- Flip flops/sandals

Medication

- Glucose powder
- Medicines for headaches, diarrhoea, motion and altitude sickness
- Dettol, Bandages, Cotton

Personal Accessories

- Toothpaste, toothbrush, Paper soap, or sanitizer
- Sunscreen minimum of spf40 , lip balm, cold creams, Body spray
- LED torch light

WHY TRAVODISE

- As a local travel agency in Kashmir, we are uniquely positioned to provide our clients with an authentic and personalized travel experience.
- We have a deep understanding of the local culture, customs, and traditions, and we use this knowledge to create itineraries that showcase the best of what Kashmir has to offer.
- Our team consists of experienced professionals who are passionate about travel and committed to providing exceptional service. We go above and beyond to ensure that our clients have a safe, comfortable, and enjoyable journey.
- We offer a range of services, from accommodation and transportation to guided tours and activities, all tailored to meet the specific needs and preferences of our clients.
- We take pride in our ability to offer competitive pricing without compromising on quality. We work closely with local vendors and suppliers to provide our clients with the best possible value for their money.
- When you choose us as your travel agency in Kashmir, you can rest assured that you are in good hands. We are dedicated to making your trip a memorable and rewarding experience, and we look forward to the opportunity to serve you.

TERMS & CONDITIONS

After confirming a tour/holiday package, the passenger/traveller can cancel their booking as per the terms and conditions of the Travodise Kashmir.

- All prices quoted are in Indian Rupees (INR) and are subject to change without notice.
- A deposit of 30% of the total tour cost is required to confirm a booking.
- The remaining 70% of the tour cost is to be paid 0 days prior to the tour start date.
- Any changes to the itinerary requested by the client may result in additional charges.
- The client is responsible for obtaining all necessary travel documents and visas.
- The client is responsible for their own travel insurance.
- We reserve the right to cancel any tour prior to departure for any reason. In the event of such a cancellation, a full refund will be issued.



CANCELLATION POLICY

- If a client cancels their booking 40 days or more prior to the tour start date, a full refund of the deposit will be issued.
- If a client cancels their booking between 20 and 29 days prior to the tour start date, 50% of the deposit will be refunded.
- If a client cancels their booking less than 15 days prior to the tour start date, no refund will be issued.
- In the event that we have to cancel a tour due to circumstances beyond our control (such as natural disasters, political unrest, or terrorist activities), we will offer the client the option to reschedule the tour or receive a full refund of all monies paid.

Bon Voyage!

For any kind of assistance contact:

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